

**CLASS SPECIFICATION**  
**County of Fairfax, Virginia**

**CLASS CODE:** 3146      **TITLE:** NUTRITIONIST ASSISTANT II      **GRADE:** S-16

**DEFINITION:**

Under general supervision, provides nutrition services to low risk clients of County health or human service programs; and performs related work as required.

**DISTINGUISHING CHARACTERISTICS OF THE CLASS:**

The Nutritionist Assistant II differs from the Nutritionist Assistant I, in that Nutritionist Assistant II positions are authorized to determine nutritional risk, prescribe food packages and certify eligible participants in the WIC program; whereas the Nutritionist Assistant I provides administrative support.

This class differs from the Public Health Nutritionist in that the Nutritionist Assistant II provides nutrition services to low risk clients; whereas the Public Health Nutritionist performs professional level nutrition services to low and high risk clients.

**ILLUSTRATIVE DUTIES:**

*(The illustrative duties listed in this specification are representative of the class but are not an all inclusive list. A complete list of position duties and unique physical requirements can be found in the position job description.)*

Interviews clients to obtain dietary histories and related nutritional information;  
Certifies and/or re-certifies clients for the WIC program;  
Conducts dietary assessments and obtains clinical data;  
Assesses for health risks and/or refers high risk clients to nutritionist for follow-up education;  
Provides general nutrition education to low risk clients;  
Prescribes appropriate food packages for clients;  
Assists with nutrition education and provides community outreach to clients.

**REQUIRED KNOWLEDGE, SKILLS, AND ABILITIES:**

*(The knowledge, skills and abilities listed in this specification are representative of the class but are not an all inclusive list.)*

Knowledge of the principles and practices of nutrition;  
Ability to interview clients to elicit information;  
Ability to assess nutritional needs of clients;  
Ability to establish and maintain effective working relationships with clients and staff.

**EMPLOYMENT STANDARDS:**

Any combination of education, experience, and training equivalent to:  
High school graduation or a G.E.D. issued by a department of education supplemented by college level course work in nutrition, dietetics or a related field.; PLUS  
One year experience as a Nutritionist Assistant or related field.

**CERTIFICATES AND LICENSES REQUIRED:**

Competent Professional Authority (CPA) certification or other related certification.

ESTABLISHED:      February 12, 2010